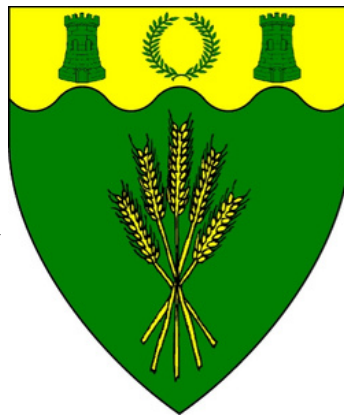


DECEMBER 1ST, 2023

VOLUME 1

# Cornucopia

Villa Frumentaria



# CONGRATS

## WE'RE PROUD OF YOU!



Simone de Mares Won the Populace Choice Award at Kingdom Arts and Science Tournament



Elizabeth Daundelyon and Ronin le Savage both became Cut and Thrust Authorized at Toys for Tots

## Newsletter Outline

Page 2 - Upcoming Meetings and Events

Page 2 - Thank you!

Page 3 - Kingdom A&S an Event for Everyone

Pages 4 & 5 - Lucius's Taberna

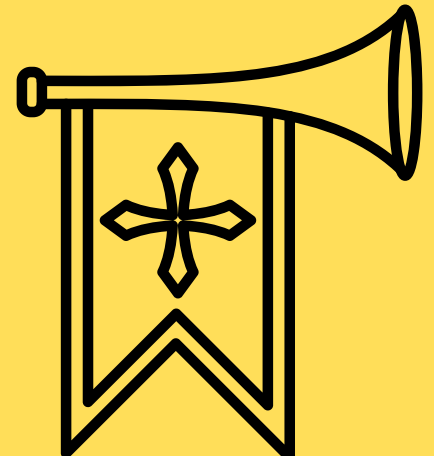
Page 5 - Word Fame Corner

Pages 6 & 7 - Black and White Pork

Pages 8-10 - Business Meeting Notes

Page 11 - Legal Stuff

Pages 9 & 10 - Halloween at Christmas - print only



## UPCOMING MEETINGS

12/03/23 - **Business Meeting** at 5:00 pm at Game State in Spencer

12/17/23 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - Medieval Vegetables for Gardening and Eating with Mari

01/07/24 - **Business Meeting** at 5:00 pm at Game State in Spencer

01/21/23 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - History of Beekeeping with Sean

02/04/24 - **Business Meeting** at 5:00 pm at Game State in Spencer

02/18/24 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - Make a Wood Chair with Ronan  
\*will require signing up ahead of time and purchasing materials to leave with a chair

03/03/24 - **Business Meeting** at 5:00 pm at Game State in Spencer

03/17/24 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - Gulf Wars Show and Tell - Gulf Wars Attendees

04/07/24 - **Business Meeting** at 5:00 pm at Game State in Spencer

04/21/24 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - What is that Crown/Coronet? with Will and Sean

05/05/24 - **Business Meeting** at 5:00 pm at Game State in Spencer

05/19/24 - **Arts and Science Meeting** at 5:00 pm at Game State in Spencer - Period Festivals with Mari

\*Every Monday - **Cut and Thrust Meeting** at 4:00 pm at Game State

# Thank you!

A number of groups and individuals have gifted us with items in the past few months. We want to take the time to thank you all here:

Huge thank you to the Barony of Forgotten Sea for gifting the group quite a few large serving bowls and wooden serving platters we can use for feasts or inns in the future. They also gave us a money box! (I checked, there's no money in yet, haha)

Another huge thank you to Duke Vlad and Duchess Petranella of Northshield who cleaned out their garage and gifted us a trunk full of gear for fighting. We got a couple of complete sets for heavy fighting and have been able to use the pieces to flush out members' kits until they get their own pieces.

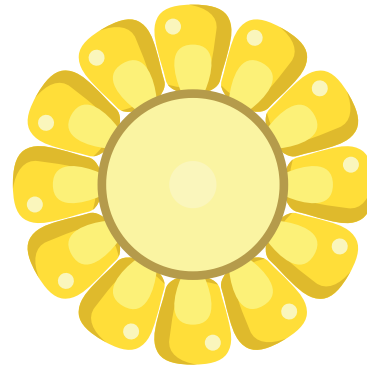
To Lady Ilesha - thank you so much for the Cut and Thrust helmets, we are already using them! Two of us used them to get authorized even!

SCA is built on the generosity of others and we all hope to be as generous as you in the future when the opportunity presents itself.

To others who have gifted us materials, time, and knowledge: you are not forgotten! Thank you! Truly, from the bottom of our hearts, thank you!

# COME SEE US!

# KINGDOM A&S - AN EVENT FOR EVERYONE



By Mabilia Pals

In early November, five of us traveled to the Kingdom A&S Tournament. Four members brought entries: Lena Sontag felted a bag, Elizabeth Daundelyon leveled up her tablet weaving, Simone de Mares created a touchable exhibit on animal husbandry, and Mabilia Pals did a second brickstitch embroidery project. Elizabeth and Mabilia both did projects in the same areas at Queen's Prize Tournament earlier this year and expanded on their knowledge and skills to make an even better item this time. Lena had never tried felting a bag (and keeping the center open) before. Everyone got great feedback from judges and attendees.

Events like this one are great for new crafters and experienced ones alike. You can enter a project at any level of judging and you don't have to get a point score; if you'd rather just have feedback and suggestions for improvement, you can. Even if it is your first time doing the project or entering a competition, there is no need to be nervous; you can get encouragement and advice to keep improving. Judges always have some positive comments, and can help direct you to more resources and ways to further your knowledge in the project area.

If you are looking for other people in the kingdom who are doing what you do, Kingdom A&S is a great event to attend. Each entrant is excited to discuss their work and what they learned, and the other attendees are excited to ask about it. I personally made two different contacts for the work I am doing, and made connections with folks in and out of the kingdom.

Sean Hunniman also attended the event, but did not bring a project. He had a good time looking at the projects, discussing them with entrants, and making connections. If you haven't decided on a project to do, seeing what others are doing can inspire you. He even helped prepare lunch when the hosting shire asked for assistance.

At court that evening, we saw Roise inghean ui Ruaidhri be invited to the Order of the Laurel. It was exciting to see someone we know as a kind and patient teacher be recognized for her knowledge and work. We had another surprise when our own Simone de Mares was called up for winning the populace choice vote! She took home a basket full of goodies and showed them off the next day.

I hope that everyone who reads this realizes that they can have a rewarding experience from entering the Kingdom A&S tournament or Queen's Prize Tournament next year. Please ask questions when you have them, and consider joining the A&S community. There is truly something here for everyone!

*Arts and Sciences*

# LUCIUS'S TABERNA

By Lucius

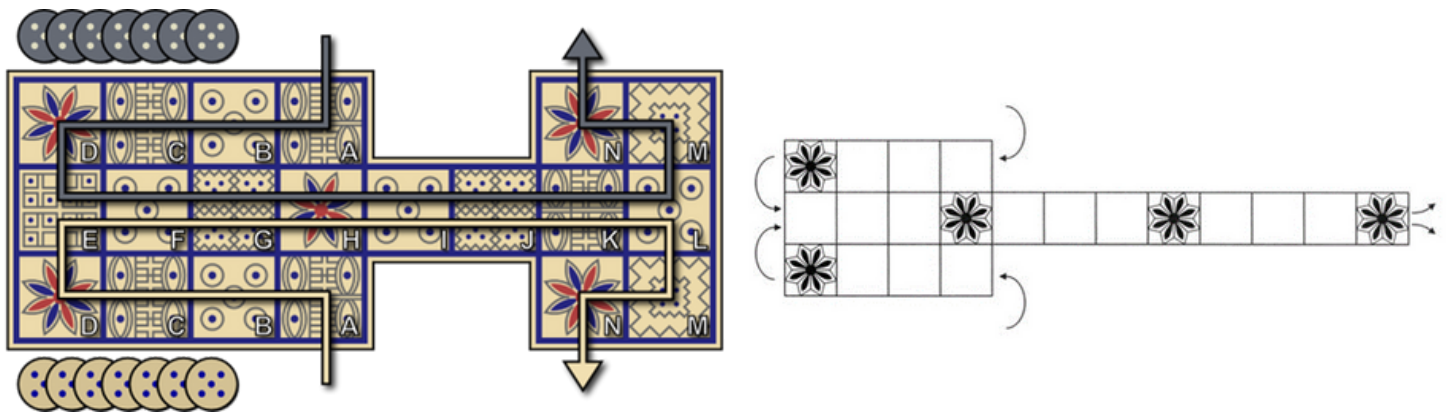


Salve, traveler! Welcome to my tavern, where joy is just a roll of the dice and a drink away. Here, you'll find fellow travelers from distant days, all gathered around tables to play games. You're welcome here, so take a seat, choose a game, and, if you're wise, learn the rules before wagering your coins!

Over there, Iddin-Bel and Marduk-Balatu are engrossed in a game they call "Illat Kalbi," or "Pack of Dogs," though in your world, it's better known as the Game of Twenty Squares or the Royal Game of Ur.

Deceptively simple, yet with countless strategies to explore! I know a few myself, but today, I'll share just one.

## The Royal Game of Ur



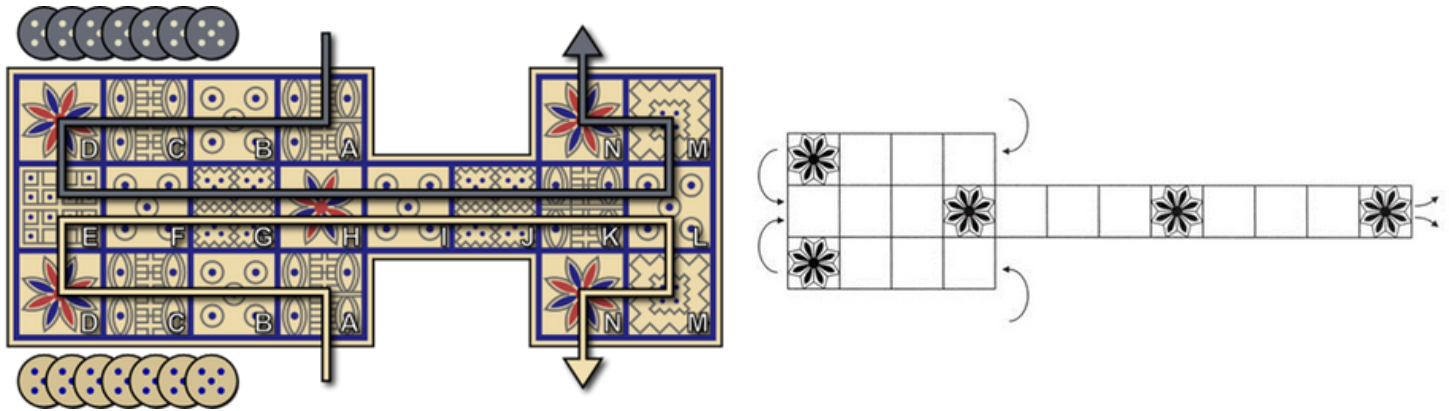
Always a crowd-pleaser at my tavern, this game was enjoyed by the kings and queens of Sumer and Akkad 4600 years ago, and it still entertains today. You can try either of the routes depicted above. The first board is the famous one discovered in the royal tombs of Ur, while the second is the more common layout for the game played from the 2nd Millennium B.C. onward.

### Rules:

1. The game is for two players, each with five to seven pieces.
2. Use three or four binary dice. If using four dice, treat four blank sides as zero; with three dice, count four blank sides as four.
3. The goal is to move all your pieces off the board before your opponent.
4. You must move a piece if a legal move is possible during your turn; otherwise, forfeit your turn.
5. Only one piece can occupy a space at a time.
6. If you land on your opponent's piece, it's removed from the board and must restart from the beginning.
7. Landing on a rosette space grants you an extra throw.
8. The central rosette is safe; no pieces can be hit while on it.
9. To move a piece off the board, you need an exact dice throw (e.g., a roll of one for the last space).

# LUCIUS'S TABERNA (CONTINUED)

By Lucius



Variations - as a game of true antiquity, there are countless little variations in how to play. Try a few yourself- but make sure your opponent agrees before the game starts!

- Require a specific dice roll (e.g., a 1) to place a piece onto the board.
- Allow multiple pieces on rosette spaces.
- Grant an extra throw for certain dice rolls (e.g., a 1 or a 4) without rosette effects.
- Keep rosettes safe but without extra throws.

One of the reasons why this game endured for so long, from at least 2600 B.C. to the 20th century A.D., is its ability to deliver closely contested matches, even with various rule variations, as outlined above.

Ah, it looks like Marduk-Balatu lost- I see him leaving the tavern now - thankfully, he's paid his tab already! Iddin-Bel is looking for another challenger, so have a beer and wander over-now that you know the rules!

## WORD FAME CORNER - SIMONE DE MARES

This is where we have the chance to tell how someone has impacted us positively or to brag on their behalf.

Simone has been a member (off and on) of the SCA for a number of decades. She has done a number of wonderful Arts and Science projects including documenting Oreos. Simone recently won the Populace Choice at Kingdom Arts and Sciences 2023 with her project on animal husbandry. Her project included a write-up on how she purposefully bred her ram and ewe to get better wool from her sheep. She included a poster, write-up, and lots of touch-and-feel examples of her fiber.

Way to go Simone for doing such an interesting project and thanks for being a great support here at the Villa!



# BLACK AND WHITE PORK

By Simone de Mares

**Note from Chronicler:** This paper references an old A&S contest hosted a number of years ago where the theme was “Black and White in Any Medium”. If you don’t recognize the theme that is because it is an older theme. But, this is still a fun read so Simone kindly allowed me to include it. Additionally, any spelling or grammar errors are mine as I was the one to type the paper.

The back-story:

I have hobbies. I have a lot of them. I live on a farm and can’t help it. So when the A&S competition was announced for Night and Day as “Black and White in Any Medium, “ I was hard-pressed to decide what to enter.

I am a spinner. I have lots of wool. I have black wool and I have white wool. What if I were to use that wool and spin up a set to weave into a checkered or striped black and white belt on the inkle loom? Great idea!

But my biggest hobby isn’t spinning, nor is it weaving or soap-making. My biggest hobby goes back to the beginnings of all of these things: animal husbandry. Okay, so how can I make that into an A&S project? Blank and white. Should be easy, right? After all, I have a lot of critters that are black and/or white. But that was too broad and I needed to pick one.

I started with white chickens and quickly dismissed that. I’ve never had a black chicken before. So I thought about what I did have.

I could do goats. I raised goats for many years for meat and milk and humor. Except that I no longer have goats, so that’s misleading.

What about the cattle? I have heritage cattle, Irish Dexters, that come in black and we breed them and raise them for meat and milk. Except there’s no white there, unless you include the milk.

So what about the sheep? Both my ewes and my ram are heritage breeds – white Suffolk ewes and a black Icelandic ram that combine to create our newly discovered breed, what we call “Sufflandics,” that come in black, white, brown and a combination of all three, with succulent meat and wool that is wonderful to feel and play with and spin and felt.

And then it came to me. My heritage hogs. Hogs have been around (and documented) far back in history, be they good or bad (such as references as to the consumption of pork found in The Holy Bible).



## BLACK AND WHITE PORK - CONTINUED

By Simone de Mares

We raise a black and white breed known as Berkshires, after the county in England. Berkshires are one of the oldest recorded hog breeds, having been made note of in the early 1800's. They were bred specifically for their marbled, tender, juicy and sweet meats, but also for their hardiness. They are slightly slow to grow, as we've been told, and yet we really haven't noticed!



Our little ones are purchased from a local breeder each year (we don't have the facilities to keep a boar!), newly weaned, though we have gone as early as 12 days old before and raised them up on goat's milk! While we do purchase specifically designed, non-medicated hog feed, their diet also consists of every kitchen scrap left-over from our own cooking, as well as garden wastes, a dozen eggs here and there, the occasional gallon of milk that I don't have time to process from our cattle, and any older or out-dated canned goods we find on the back shelves of our pantry.

So why choose the hogs for this A&S project? I chose them because they are well-known to the Middle Ages and one of the very first domesticated livestock documented to exist. According to Reah Tannahill's Food in History, hogs were kept in towns and cities and were known to root "in the refuse of the 'streets' (the passages between houses) ... " despite their interference with pedestrians and traffic.

Hogs produce the largest abundance of product variety out of all of our animals. They provide us not only with pork, but also their fat, their hooves, their intestines. The complete use of a hog, together with its growth efficiency and sheer fun-factor, made the case for me.

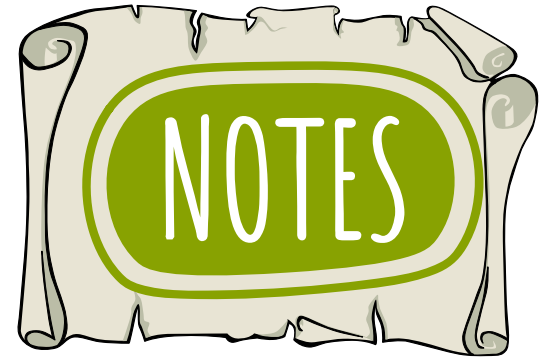
What does one get from a hog? Well, everyone knows there's bacon! But the variety of meat doesn't end there (in fact, there is very little bacon that comes from an individual hog), one hog will provide pork roasts, loins, chops, ham steaks, ham roasts, sausage, pork burgers and ribs. The skin is tough and is used for clothing and saddle-making. The skin and hooves and bones are cooked down to create gelatin. The fat is rendered into lard, which can be used to make pie crusts, fry foods in, or even as a base for soap (my favorite use for the fat).



For Medieval recipes using pork and pork products, *Forme of Cury*, found in *Curye On Inglysch* (14th Century culinary manuscript) has numerous possibilities.

# 11-5-23 BUSINESS MEETING NOTES

By Elizabeth Daundelyon



## **Seneschal's Report:**

- Still waiting for news on becoming a full shire
  - Might take up to 2 years, but we have checked all the boxes

## **Exchequer's Report:**

- She is working on going through the handbook
- We must have an exchequer deputy once we become a full shire
- She will begin to keep a ledger of the money and other things that are now earmarked for us from other groups

## **Herald's Report:**

- Nothing new to report

## **Minister of Youth's Report:**

- Nothing new to report

## **Knights Marshal's Report:**

- We still don't have one but we have updates on how fighters are progressing
- Ronin and Elizabeth plan to try to authorize in Cut and Thrust at Toys for Tots, wish them luck!
- Heavy fighting meetings are still being held

## **Arts and Science Minsiter's Report:**

- Kingdom Arts and Science Tournament was held on November 4th.
  - We had 4 members enter: Simone, Elizabeth, Mabilia, and Lena
  - Simone won Populace Choice!!!
- We discussed entering a bid for Kingdom Arts and Science Tournament for 2024 and all in attendance were excited about doing that

## **Web Minister and Social Media Minsister's Report:**

- We will develop a plan to do more on social media - we will have a plan of action to post more often
- Homework for everyone: post pictures on the private Facebook group (Villa Frumentaria - Unofficial NW Iowa SCA group) and then Ronin can post them on our group's new Instagram (Villa\_Frumentaria\_SCA)

## **Chronicler's Report:**

- Please still send articles, posts, etc to the chronicler at [elizabethdaundelyon@gmail.com](mailto:elizabethdaundelyon@gmail.com) so she can maybe include them in the newsletter for December 1st or keep them until the next newsletter
- The chronicler will send release forms to those she needs them from
- We voted a name for the newsletter: Cornucopia
  - The name is a call back to the Latin in Villa Frumentaria as well as the "corn" of the corn farm shire
  - We also discussed doing an April edition of the newsletter and calling it "Corny-copia" and doing an April Fools edition
- Look for the first edition of the newsletter to be published on or around December 1st!

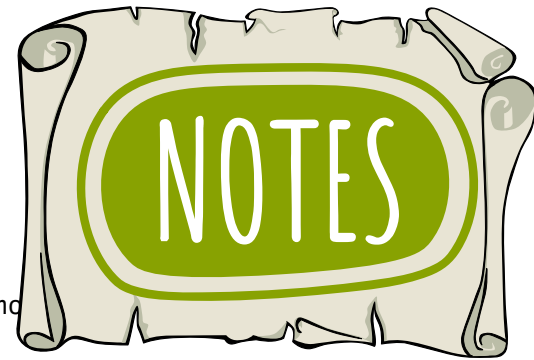
## **Old Business**

Inn for Crown Tournament the first weekend of December:

- Torquil is in charge and is assigning specific jobs
- If you want to contribute, let Torquil know
- We will need help on the day of the event as well!



# 10-1-23 BUSINESS MEETING NOTES



By Elizabeth Daundelyon

## Highlights

- Next Meetings:
  - A&S on October 15th at Game State at 5:00 pm, cheese making with Simone
  - Business Meeting on November 5th at Game State at 5:00 pm
- Spread the word/advertise in a couple of different ways were discussed
- Demo on Monday, December 4th at Game State
  - Ronan/Kevin is “Demo Captain”
- Submit anything you think would do well in the newsletter to Elizabeth/Katherine
- Kingdom A&S is coming up in November, you still have time to make and submit something
- Please help with Crown Tournament Inn in December if you can

## Seneschal’s Report

- Recruiting ideas
  - Demos
  - Fighting practice in other places like parks to be more visible
  - Article in the paper
  - Kevin/Ronan wants to hold a demo in the store in December
    - We voted to hold a demo on December 4th and Kevin is going to be “Demo Captain” as we plan to hold the demo in Game State
    - This date corresponds to the Grand Meander of Grand Ave in Spencer

## Exchequer’s Report

- We have no money
- We will be receiving about \$130 from Heraldshll once we have a bank account

## Herald’s Report

- No report, out sick

## Minister of Youth’s Report

- No report, out sick

## Knight’s Marshal Report (kind of)

- Fencing is still being held on Mondays at 4:00 pm at Game State
- We need to get things better organized for heavy, maybe practice in parks to be more visible

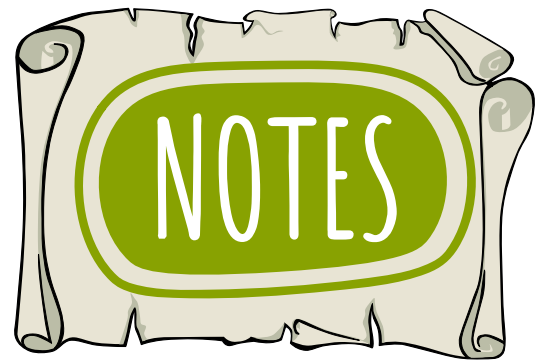
## Arts and Science Minister’s Report

- Kingdom Arts and Science is the 1st weekend of November in Kansas City area
- We will all try to get the same hotel again
- We as a group should be continuing to work on largesse for when we become a full shire
  - We have a largesse work day coming up on a Saturday at Game State
- Mabilia/Sarah shared the link to sign up for the Kingdom Arts and Science event to have something judged, see Facebook chat
- Next A&S meeting is October 16th; Simone/Sarah will be teaching us how to make cheese at Game State
- We will update RUSH forms at a later date

## Web Minister’s Report

- Please, please, update your Calontir Wiki pages
- Ronan/Kevin will be updating events in Facebook

# 10-1-23 BUSINESS MEETING NOTES -CONTINUED



By Elizabeth Daundelyon

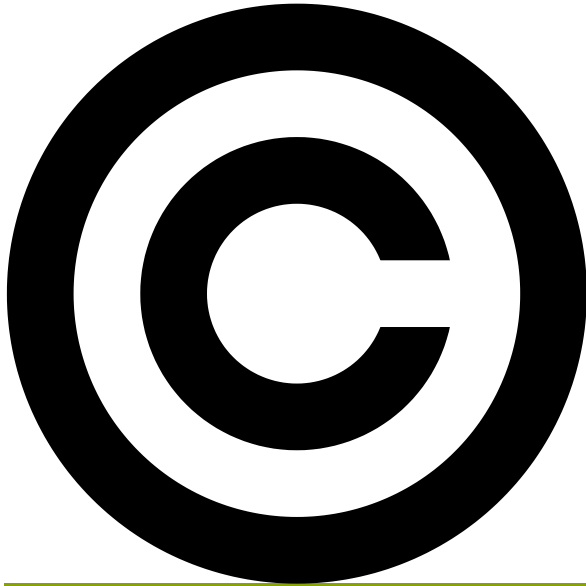
## Chronicler's Report

- Things we voted/decided on for the newsletter
  - There will be no charge to receive the newsletter
  - There will be no physical mailing list, we not be sending newsletters in the mail
  - There will be an email list to receive the newsletter
  - Ronan/Kevin plans to print copies and keep them at Game State for folks to pick up, read, and as advertising
  - Newsletters will be published on March 1st, June 1st, Sept. 1st, and Dec 1st
  - Articles you wish to include in the newsletter need to be submitted to the chronicler 1 month ahead of the publication date
  - There will be a section on the website about the newsletter but that has yet to be added
- We discussed reading articles on Tik Tok or other social media
- We discussed being a consistent Tik Tok/social media presence and a lot of members were excited about this
  - This is not a responsibility of the chronicler but was not added to a specific person's responsibility yet
- Possible word counts for articles you wish to have in the newsletter: 200-500 words
  - This is negotiable and will probably change as the chronicler gets more practice
- Pictures are encouraged to be submitted!!!
- Permission forms must be given to the chronicler to include articles, pictures, etc.
- Be creative and share what you want!
- For now, send article, pictures, etc. to [elizabethdaundelyon@gmail.com](mailto:elizabethdaundelyon@gmail.com)
  - An official chronicler's email will be used once one exists
- Name ideas - we will vote on a name at the business meeting in November
  - Lend an Ear
  - Kernals of Info.
  - Quarterly Kernal
  - Northern Lights
  - Cornucopia
  - News from the Farm

## Old Business

- Inn for Crown Tournament
  - We have decided to do soups and other pre-made foods
  - Please join the Facebook Chat if you plan to go to Crown Tournament to get more specific information
  - We can use left-overs for Grand Meander/Demo on that Monday
- A&S will be held at Game State, not Simone's place

# LEGAL STUFF



## Statement of Ownership

This is the December 2023 issue of the Cornucopia, a publication of Villa Frumentaria of the Society for Creative Anachronism, Inc. (SCA Inc.). Cornucopia is available from the Chronicler:

Katherine Pearce (SKA: Elizabeth Daundelyon) at elizabethdaundelyon@gmail.com or 3622 Vine Ave Hartley, IA 51346.

It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies.

## Statement of Copyright

Copyright © 2023 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors.

If you wish to become a contributor, reach out to the Chronicler!



## Copy Rights

- Heraldic artwork on page 1, © 2023 SCA. Used with permission.
- Picture of Simone de Mares on page 1, © 2023 Katherine Pearce. Used with permission.
- Picture of Elizabeth and Ronin on page 1, © 2023 Kevin Rohan. Used with permission.
- Clip Art on pages 1, 3, 4, 8-11, & 13 © 2023 Canva. Used with permission.
- Pictures on pages 6 & 7, © 2023 Sarah Johnson. Used with permission.
- “Kingdom A&S - an Event for Everyone”, © 2023 Sarah Pearce. Used with permission.
- “Lucius’s Taberna”, © 2023 Joshua Schuetz. Used with permission.
- “Black and White Pork”, © 2023 Sarah Johnson. Used with permission.
- “Halloween at Christmas”, © 2023 K. C. Moon. Used with permission.
- “Business Meeting Notes”, by Katherine Pearce. Used with permission.
- Art on page 12, in Public Domain. Used with permission.